## Die with no regrets

Count: $64 \quad$ Wall: $3 \quad$ Level: Improver
Choreographers: Anthony NIETO DESIRE \& Michael DESIRE NIETO (May 2019)
Music: No Regrets by KSHMR (Amazon \& iTunes)

## INTRO: Start after 16 counts

## S1: $1 \not 14,1 ⁄ 2$, SHUFFLE BACK, BACK L\& R, ANCHOR STEP

1.2: $\quad 1 / 4$ turn $L$ stepping $L$ forward (9.00), $1 / 2$ turn $L$ stepping $R$ back (3.00)

3\&4: Step $L$ back, step $R$ beside $L$, step $L$ back
5.6: Back R, Back L

7\&8: Lock $R$ behind $R$, Step weight onto $L$, step slightly back on $R$

## S2: STEP/SWEEP, CROSS SIDE BEHIND, SIDE ROCK, CROSS SHUFFLE EXTENDED

1: $\quad$ Step $L$ forward sweeping $R$ back to front
2\&3: $\quad$ Cross $R$ over $L$, step $L$ to $L$, cross $R$ behind $L$
4.5: $\quad$ Rock $L$ to $L$, recover on $R$

6\&7\&8: Cross L over R, step R to R, Cross L over R, step R to R, Cross L over R

## S3: SIDE TOGETHER, SCISSOR CROSS, SIDE TOGETHER, SCISSOR STEP

1.2: Step $R$ to $R$, step $L$ next to $R$

3\&4: $\quad$ Step $R$ to $R$ side, close $L$ next to $R$, cross $R$ over $L$
5.6: $\quad$ Step $L$ to $L$, step $R$ next to $L$

7\&8: $\quad$ Step $L$ to $L$, close $R$ next to $L$, cross $L$ over $R$

## S4: SHUFFLE R FWD, SHUFFLE L FWD, HEEL GRIND \& HEEL GRIND 1/4TURN L

1\&2: $\quad$ Step $R$ forward, step $L$ next to $R$, step $R$ forward
3\&4: Step $L$ forward, step $R$ next to $L$, step $L$ forward
5.6\&: $\quad$ Cross $R$ heel over $L$, grind $R$ heel stepping back on $L$, close $R$ next to $L$
7.8: $\quad$ Cross $L$ heel over $R$, grind $L$ heel turning $1 / 4 L$ stepping back on $R(12.00)$

S5: SAILOR STEP, BALL SIDE \& TOUCH, POINT, POINT BEHIND, SWEEP, CROSS SHUFFLE
1\&2: $\quad$ Cross $L$ behind $R$, step $R$ to $R$, step $L$ to $L$
\&3.4: Close $R$ next to $L$, step $L$ to $L$, touch $R$ next to $R$
\&5.6: $\quad$ Point $R$ to $R$ side, Point $R$ behind $L$, sweep $R$ back to front
7\&8: $\quad$ Cross $R$ over $L$, step $L$ to $L$, cross $R$ over $L$

## S6: WALK L \& R, ANCHOR STEP, BACK R \& L, ANCHOR STEP

1.2: Step $L$ forward, step $R$ forward

3\&4: $\quad$ Lock $L$ behind $R$, step weight onto $R$, step slightly back on $L$
5.6: $\quad$ Step back on $R$, step back on $R$

7\&8: $\quad$ Lock $R$ behind $L$, step weight onto $L$, step slightly back on $R$
RESTART HERE on wall 1 facing 12.00, wall 3 facing 3.00 , wall 5 facing 6.00

S7: POINT BEHIND, UNWIND $1 ⁄ 2$ L, MODIFIED RUMBA BOX $1 ⁄ 4$ R
1.2: Point $L$ behind $R$, unwind $1 / 2 L$ (weight on $R$ ) (6.00)

3\&4: $\quad$ Step $R$ to $R$, close $L$ next to $R$, step $R$ forward
5\&6: $\quad 1 / 4$ turn $L$ stepping $L$ back, close $R$ next to $L$, step $L$ back (9.00)
7\&8: $\quad$ Step R to R, close L next to R, step R forward

S8: ROCK, SHUFFLE $1 ⁄ 2$, STEP, ½, SHUFFLE $1 ⁄ 2$
1.2: Rock $L$ forward, recover on $R$

3\&4: $\quad 1 / 2$ turn $L$ stepping $L$ forward, close $R$ next to $L$, step $L$ forward (3.00)
5.6: $\quad$ Step $R$ forward, $1 / 2$ turn $R$ stepping $L$ back (9.00)

7\&8: $\quad 1 / 2$ turn $R$ stepping $R$ forward, close $L$ next to $R$, step $R$ forward
All restarts are after 48 counts dancing, on wall 1,3 \&5.

