ABSOLUTE BEGINNER NC2S 16 COUNT 0 WALL

Choreographer Sarah Preston – January 2020

Music Unknown - Jacob Banks

TO INTRODUCE MY BEGINNER DANCERS TO THE NC2 RHYTHM AND PROVIDE A FLOOR SPLIT FOR SOME OF OUR FAVORITE INTERMEDIATE DANCES.

SUGGESTED MUSIC: ANY NIGHT CLUB 2 STEP
UNKNOWN - JACOB BANKS
JUST LIKE JESSE JAMES - CHER
STRIP IT DOWN - LUKE BRYAN
COWBOYS & KISSES - ANASTACIA
TELL YOUR HEART TO BEAT AGAIN - DANNY GOKEY

NIGHT CLUB BASIC, 3 WALKS, ROCK, RECOVER, TURN 1/4 TO LEFT

1-2&	Step right foot to righ	, step left foot behind	right foot, step	right foot across left foot
------	-------------------------	-------------------------	------------------	-----------------------------

3-4& Step left foot to left, step right foot behind left foot, step left foot across right foot

5, 6, 7 Walk forward right, left, right

8 & 1 rock forward onto left foot, recover to right making 1/4 turn to left, step forward on left

CROSS ROCK LEFT AND RIGHT, SWAY RIGHT, SWAY LEFT, STEP RIGHT, CROSS LEFT OVER

2 & 3 Cross right over left, replace weight to left, step side right

4 & 5 Cross leftover right, replace weight to right, step side left

6, 7 Sway right, sway left

Step right foot to right, Cross left foot over right